

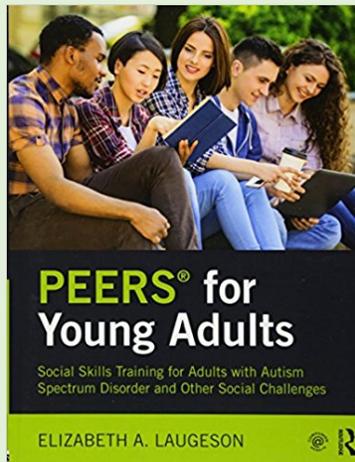


PEERS Social Skills Group for Young Adults

The PEERS certified staff at Children's Autism Center are now offering social skills training for young adults (ages 18-35).

Program for the Education and Enrichment of Relational Skills (PEERS®) for Young Adults (Ages 18-35) is a 16-week evidence-based social skills intervention for motivated young adults, who are interested in learning skills to make and keep friends and develop romantic relationships. During each group session, young adults are taught important social skills and are given the opportunity to practice these skills.

*Young adults must attend each session with a social coach (i.e., parent, family member, adult sibling, life coach, job coach, peer mentor, etc.). Social coaches are taught how to assist young adults in making and keeping friends by providing feedback during weekly socialization homework assignments.



Topics of Instruction:

- How to use appropriate conversational skills
- How to choose appropriate friends
- How to appropriately use electronic forms of communication
- How to appropriately use humor and assess humor feedback
- How to start, enter, and exit conversations between peers
- How to organize successful get-togethers with friends
- How to develop romantic relationships and use appropriate dating etiquette
- How to handle arguments and disagreements with friends and in relationships
- How to handle rejection, teasing, bullying, and rumors/gossip

Application

Pre-requisites:

- Has difficulty making and keeping friends
- Young adults ages 18-35 years old; graduated from high school
- Young adults must be interested in attending the program
- Young adults must consistently attend the program
- Young adults must agree to participate voluntarily in the program
- Young adults must have a consistent social coach willing to attend the program each week

If you are interested in the Young Adults PEERS Program – please call 260-459-6040 or you can email us at intake@childrensautismcenter.org.

PEERS for Young Adults Manual: Dr. Laugeson’s newest book, “PEERS® for Young Adults: Social Skills Training for Adults with Autism Spectrum Disorder and Other Social Challenges” presents the first evidence-based group treatment program for young adults with Autism Spectrum Disorder, as well as other neurodevelopmental disorders and social challenges. **Parent-Trade Book:** Dr. Elizabeth Laugeson’s innovative book, “The Science of Making Friends: Helping Socially Challenged Teens and Young Adults” provides parents and families with evidence-based tools for building friendships and relationships, and includes a companion DVD. **Social Skills Role Play Videos:** The UCLA PEERS Clinic recently released over 100 social skills videos. These videos are excellent resources for teens to learn basic rules of social etiquette.

UCLA PEERS® Facebook Page - more information on the UCLA PEERS® Clinic can be found at www.facebook.com/uclapeers.